

MLSE LAUNCHPAD

TOMORROW IS BUILT TODAY



Fall Cycle: Look Back

From Raptors and Argos PA Days to a Raptors Viewing Party for the Champs first game of 2019, the Fall Cycle was full of many memorable events – let's check out a few!

• Saturday, October 26: KickStart brought 60 girls from their programs across the city for a special visit to MLSE LaunchPad for their annual "Girls Only" programming day. The girls participated in multi-sport programming led by our AMAZING MLSE LaunchPad staff. KickStart is a program run through Toronto Community Housing in collaboration with MSLE Foundation and provides FREE soccer programming to youth in their communities across the city.

• Monday, November 18: MLSE LaunchPad girls hosted newcomer girls from different agencies to participate in a Sports Around the World event. The event included different sport activities from across the globe with our MLSE LaunchPad girls acting as Leaders in the space. Everyone had a buddy for the duration of the event and the primary outcome was FUN along with building connections.



CAAWS Sports Around The World Event

Reminders

- **Over the Winter Break, MLSE LaunchPad will be OPEN:**
 - Friday, December 27: 1PM-5PM
 - Saturday, December 28: 1PM-5PM
 - Friday, January 3: 9AM-9PM (3X3 Tournament – see schedule)
 - Saturday, January 4: 1PM-5PM

Except for the dates above, MLSE LaunchPad will be closed from December 23-January 4 – enjoy the holidays!
- **Winter 2 Program Registration:** Monday, January 20
- **Closed for Break Week:** Monday, February 1 to Saturday, February 8



Healthy Me Healthy Community Showcase

What information would you like to see in future newsletters?

Email info@mlselaunchpad.org with NEWSLETTER in the subject line to let us know!

VISIT US AT

259 Jarvis Street, Toronto, ON

QUESTIONS? REACH OUT!

info@mlselaunchpad.org

@MLSELaunchPad

follow us:    

Life Skills Lessons

At MLSE LaunchPad we focus on a different life skill every program cycle. Life skills are important to us because they equip our youth to not only excel on court, but to thrive in the classroom and in the world beyond. Beyond teaching kicking and throwing and other sport-specific skills, we are pushing youth to recognize and reach their potential, and life skills are an integral component of this process. The life skill for this program cycle is critical thinking.

Critical thinking is the ability to evaluate, reason, and bring thoughts and actions in line with evaluation. It can also be defined as the ability to assess a situation and make the best decision, strategy, or course of action.

How can I help promote critical thinking at home? Ask your kids about the life skill and how they've been using it at MLSE LaunchPad. Take time to discuss the thought process behind the decisions they make. Have them think through the reasoning behind their actions and if they aren't getting the desired result, challenge them by asking "If you did this again, how would you do it differently or what might you try instead? How would that change the outcome?"

MLSE Scoreboard Points & Contests

Congratulations to Jakency and Lucas for winning the Perfect Attendance Draw for the Fall Cycle - Both Jakency and Lucas attended all of their programs every week of the Fall Cycle! As a reward for their attendance, they won a draw for tickets to the Maple Leafs and Raptors games!

Members did you know that you get 5 MLSE Scoreboard points every time you attend a program? Attend all of your programs this program cycle to be entered into the next Perfect Attendance Draw! **The winner of the draw this cycle will receive a Toronto Raptors jersey signed by Fred VanVleet!**

Want an opportunity to get even more MLSE Scoreboard points? There are always surveys available on MLSE Scoreboard, including:
Life Skills Challenges #1 and #2
Member Check-In
Sport Interest Survey #3

MLSE Scoreboard 2.0

Heads up! MLSE Scoreboard is going through some major renovations!

We are hard at work to improve MLSE Scoreboard to make it easier for everyone to use and we will be getting feedback on the new design through youth focus groups. Youth who give feedback can earn points and Raptors prizes!

By working together, we will make Scoreboard 2.0 awesome!

